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## All Things Work Together for Good

Executive Director Lyndi Zembrodt

Romans 8:28 says God works all things together for good for those who are called according to his purpose. I am humbled to say that even the restrictions Covid19 forced on our work only made us more determined and more creative in reaching women facing unplanned pregnancy. For example, we began paying for online advertising. As a result, the number of women we welcomed who were most at risk for abortion increased by 171%. Our holistic approach to advocating for life as well as streamlining our client intake process resulted in clients being heard, fears overcome and truth received.

In addition, with the help of the Knights of Columbus, we just purchased a new ultrasound machine with optimal technology and the best image quality to present life to expectant parents at our Cold Spring Medical Center. More than 90% of women who have the opportunity to see a quality ultrasound choose life for their babies. We continue to answer a 24-hour helpline and added a new client intake specialist and additional medical staff to meet the increase in client needs.

Both the McKinley Family Center in Florence and our Cold Spring location are medical centers, offering limited obstetrical ultrasound for pregnancy confirmation. Our most rural center is located in Williamstown, Kentucky, and has been housed since 2005



The new Barnes Road site for the Williamstown center, expected to open in December, is located in a busy retail area.

in space donated by the Crittenden Baptist Association. It primarily provides parenting education and mentoring to Grant and surrounding counties.

To further our strategic plan to increase life-affirming ultrasound services, we are happy to announce that Care Net will open a new medical center in Williamstown in December. The new location will offer pregnancy testing and ultrasound

*continued on page 2*

## CONTACT US

### Business Phone

(859) 431-9178

### 24-Hour Client Hotline

(859) 282-9878

### Donor Website

[carenetky.org](http://carenetky.org)

### Client Website

[pregnantoptionsky.org](http://pregnantoptionsky.org)

**1,170 babies** have been given life by Care Net clients since Nicholas's Ultrasound Room opened in 2006. This "window on the womb" is a powerful confirmation of the beginning of human life and a vital tool for presenting life options to our clients.

## All Things Work Together for Good

*continued from page 1*

confirmation of pregnancy as well as 19 life-changing mentoring programs.

Moving the Williamstown center to larger quarters means adding equipment and furnishings. At our Annual Banquet, we saw again that God works all things together for good; moved by Claire Culwell's story of abortion survival, a guest offered to underwrite the cost of an ultrasound machine for Williamstown. What a blessing!

Other items on our shopping list for the new Williamstown Medical Center include:

- Cidex sanitizing machine and supplies (\$500)
- Nurse's stand (\$250)
- 5 three-line phones, headset compatible (\$500)
- Sound reduction for increased client privacy (\$3,000)
- Furnishings for client rooms, classrooms, offices (\$3,000)
- 6 smart TVs for education and ultrasound display (\$4,200)
- 2 iPads for client intake (\$880)
- 4 Chromebook laptops with Chromecast (\$1,720)
- Outdoor building sign (\$9,000)
- Printer (estimated \$200 per month)

A full list of needs for Williamstown can be found at [carenetky.org/center-needs](http://carenetky.org/center-needs).

Please continue to pray for and support Care Net as we carry out our strategic plan to save and change precious lives.

## Sisters Share Laughter, Love and Hope in Williamstown

Care Net's Williamstown location features a sister act that brings love, hope, reassurance, humor and practical wisdom to women and couples facing crisis pregnancy in Grant County. Center Director Denise Melton and Center Assistant Tiffany Gabbert know they are exactly where God wants them to be.



*(L-R) Tiffany Gabbert and Denise Melton*

After 18 years spent homeschooling her four children, Tiffany felt the time was right for a new path. That path led to Care Net after she heard Executive Director Lyndi Zembrodt speak at her church, including mention of an opening for center assistant at the Williamstown location.

Soon afterward, Tiffany's sister, Denise, shared her own news: after 27 years as a paraeducator, she was retiring from Dry Ridge Elementary School and taking a job at Care Net.

But the sisters weren't competing for the same job. The center director position at Williamstown had opened up as well, and Denise had taken that job. Tiffany then joined as center assistant.

The sisters' loving—and fun-loving—relationship is the heart of the Williamstown center. Women and couples feel the sisters' warmth, compassion and care from the start.

"I have grown to understand that in addition to saving babies, we also enrich the lives of mothers, fathers and

families as a whole," Tiffany said. "We offer many resources and parenting strategies to strengthen the entire family."

Denise agrees. "One of the things that most impresses me about Care Net are the programs to help our clients. Some are court-ordered because they made choices out of addiction that created circumstances where they are trying to learn better parenting skills. Some didn't have an ideal home situation so they need mentoring. We teach parenting skills and also classes to help them deal with things they went through as children that have been huge hindrances."

*"We form such a bond with (our clients). We want them to succeed. We want them to have a good life. We love them."*

Helping young families get a better start or a new start was an easy decision for Denise. "I enjoyed my job at Dry Ridge Elementary. But it was time for a change and to help individuals and families in difficult seasons of their lives. I feel I do that here at Care Net. Tiffy and I love meeting these clients and mentoring them. We form such a bond with them. We want them to succeed in their personal lives, in their professional lives, and especially with themselves and their children. We want them to have a good life. We love them."

Coming to Care Net was a natural extension of ministry for Denise. For several years, she and Jeff, her husband of 42 years, worked with people struggling with addiction.

Tiffany plays keyboards for her church's praise team. She also breeds goldendoodles, and she and her husband, Jason, are avid do-it-yourselfers.

## “My Heart Overflowed with Joy”

*Below is an email Cold Spring Center Director Megan Weaver wrote to the Care Net staff after our annual banquet September 23. This is why you support this ministry.*

Everything about the banquet was a great reminder of why we labor. But one thing made everything pale in comparison. A young girl made eye contact with me and exclaimed, ‘Megan!’ I was face to face with one of the first clients I met early in my training. (Florence Center Director) Sandy Williams was her Advocate, but I was there during their meeting, and she stayed on my heart long afterward. She felt very alone. She feared telling her dad she was pregnant. She was so quiet and I could tell she felt utterly in over her head. Later I learned she had chosen life and taken classes. I was thrilled for her!

Now here she was, and she remembered me! She was so excited and gave me a big hug. Her sweet baby boy was with her. Even better, she was with friends from her church.

I felt so proud of her. Months before, she had seemed so lost and overwhelmed. Now she has taken classes to be a better parent, is doing a phenomenal job, and has a loving, supportive church family. She is not alone. And she is so

grateful to Care Net. You should have seen the pride in her eyes when she looked at her son. This meeting was not planned—at least, not by me. God orchestrated it.

My heart overflowed with joy. Everything about the journey God has taken this young lady through points to the gravity of what we all fight for. It takes so many people to make Care Net successful. But saved lives and changed lives are what we strive for. Some days it seems the sun will never come out again. But that's not true. We walk by faith and not by sight. God sees the end from the beginning and sustains us every step of the way. And sometimes we get to see the rainbows that remind us of his steady hand, faithful to deliver on every single promise he has made. He will never leave us nor forsake us in this fight!



*This little one is a reason for joy.*

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## Volunteer Spotlight: Embracing Moms’ Cheryl Williams

***“No woman should have to give birth alone, be uninformed or unprepared.”***

That conviction, inspired partly by her own first labor and delivery experience, led Cheryl Williams to establish Embracing Moms Doula and Parenting Services. Cheryl is a certified doula and a Care Net volunteer.



*Cheryl Williams and friend*

A doula (DOO-luh) is not a midwife or medical provider. Instead, a doula provides guidance and support to women before and during labor. In the months before the due date a doula teaches the mother what to expect during labor and helps her develop a birth plan. Will she birth at home or in a hospital? Will she want pain medication?

A doula also will work with expectant mothers to teach “body balancing” and Spinning Babies, the latter developed by midwife Gail Tully. Focused on the physiology of birth, the lessons center on positions and techniques during labor

that help move the birth along. “That means less pain and a quicker birth,” said Cheryl.

Once labor begins, the doula is available to be at the mother’s side, even if her partner is with her and especially if he is not.

“I’ve been where they are,” Cheryl said. “My first pregnancy was horrible. I didn’t know anything and the doctors didn’t explain anything.”

Cheryl worked in the banking industry for years before joining a pregnancy resource center as assistant executive director and client services director. In her seven years in that role, she saw the gap. Some clients had no one to be with them through labor and delivery.

Cheryl finished her doula certification in 2019 and struck out on her own to begin establishing Embracing Moms Doula and Parenting Services as a 501(c)3. At this point, working alone, she takes on only one client per month. Some are able to pay the full cost, and Cheryl sets aside half of those fees to cover clients who can’t afford to pay anything at all. Others pay on a sliding scale, depending on their circumstances.

“This could be lucrative, but that’s not why I do it,” Cheryl said. “My past experience working with many women facing planned and unplanned pregnancies has brought me to a great place of compassion for women who don’t have support.”



# Golf “Fore” Fathers Tees Up Support for Fatherhood Education

On August 13, 148 golfers made the rounds of beautiful Aston Oaks Golf Club in North Bend, Ohio, the largest turnout in our golf outing’s nine-year history. We presented trophies for lowest tally, “most honest foursome,” longest putt and more, but the real winners are men who turn to Care Net for help in becoming good fathers. Proceeds from the event benefit our Fatherhood Education Program. Thanks to all the golfers who braved the August heat, the volunteers who ran the show and the many businesses and individuals who sponsored the event. Read more about the program and meet three of our male mentors in the story on page 5.



*Clockwise from top: 148 golfers line up for the shotgun start; golfers check out raffle and silent auction items in the pavilion; golfers could pay \$5 to hit from the women’s tee on Hole 5, one of the most popular extras—and don’t these four look lovely in their colorful tulle skirts?*

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World of Golf

## Male Mentors Teach Men to be Good Dads

To build strong families that will endure and nurture new life, we must encourage—literally “put courage into”—the men of those families. One of Care Net’s volunteer male mentors, Tom Myers, says it best: “Life is complicated! While true for all of us, the complications increase a hundredfold when you are young, financially unstable, from a broken family and/or not finished with your education. Then add an unplanned pregnancy and the world can appear to be crashing down on many of the men who come through the doors of Care Net.”

Those men are a diverse group. “Most are willing, if not from their own desire to be a good father, then from their wives’ or girlfriends’ (ahem) recommendations; others are court-ordered either as part of a custody battle or, sadly, after ‘troubles at home,’” Tom said.

Male mentors shepherd their clients through Care Net’s educational programs, building a unique schedule for each one based on his specific situation. Among the wealth of options are *Fatherhood*, *Co-Parenting*, *Life Skills*, *Positive Partnerships*, *Parenting* and many more.

But the mentors don’t stop with coursework. They also draw from their own experience as husbands and fathers. “Communicating what we’ve learned as fathers makes the educational content real, relevant and impactful to our clients,” Tom said.

*“Most of (our clients) are hungry for this knowledge they need to help them become good fathers.”*

Male mentor Jim Klosterman says he enjoys giving clients ideas and tools to use in raising their children. “Most of them are hungry for this knowledge they need to help them become good fathers. I also thoroughly enjoy building camaraderie with the clients while seeing and feeling their growing enjoyment and appreciation for the fatherhood experience.”

For male mentor Jeff Jehn, growing up in a large family gives him a unique perspective. “Being one of nine children exposed me to the often hectic and sometimes even troublesome components of life,” he said. Raised by two wonderful parents and raising two children with his wife of 56 years also qualifies Jeff as a mentor. “I can share my experiences to benefit others and give back to my community



(L-R) Male mentors Jim Klosterman, Tom Myers and Jeff Jehn

in some commensurate portion to how I have been blessed in my life.”

Mentoring men in crisis can be difficult, but Jeff, Jim and Tom all agree their clients are worth the effort. While they can’t always know whether their work bears fruit, sometimes they do see or hear about the impact they’ve made. Tom said, “One young lady called to thank us. She and her boyfriend had been about to break up, but after going through just a third of the *Fatherhood* sessions to that point, her boyfriend had changed his behavior a lot towards her and in his acceptance of becoming a father.”

Jim added, “I remember a father whose partner was considering either an abortion or adoption. He fought for his rights as a father and did everything he could to assure his child was born and attain custody of his child. He was able to accomplish both.”

“Life is complicated—but it also is simple. Whether in church or in our sessions, our clients can learn to love their partners, love their children and love God. We help them learn to make good decisions. And while learning to lead a life of better decisions can’t guarantee a life without struggle, it can go a long way in raising children to be good adults. That, in the end, is our role,” Tom concludes.

Jeff adds, “I love what Care Net stands for. I can think of no message that is more important than the sanctity of all life at all stages from conception to natural death, and the *Fatherhood* program adds another critical stage to the whole picture.”

*Interested in learning about becoming a male mentor?  
Contact Volunteer Coordinator Mary Goins at  
volunteerhere@carenetky.org.*



# Annual Banquet Inspires, Exceeds Expectations

What a joy to be together again for the Care Net Annual Banquet September 23! While we elected not to have a full house so we could allow extra space between tables, we certainly had full hearts and full fellowship. The room was entirely silent as Claire Culwell shared her journey, from learning she had survived the abortion that took her twin to forgiveness, redemption and hope.

We are blessed to report that through the combined generosity of those who gave gifts in person, those who did not attend but sent gifts, corporate sponsors and table sponsors, we more than met the banquet's fundraising goal. Every baby born to a woman who comes to Care Net and every family strengthened by mentoring and parenting classes are blessed by your faithfulness.

In addition, a donor who wishes to remain anonymous was inspired to offer to cover the entire cost of a new ultrasound

machine for the Williamstown location as we expand our services in Grant County (see page 1).

We continue to be awed and humbled by God's provision through you for this ministry. When we couldn't have a banquet because of COVID-19, your generosity through Help a Heart from Home allowed our work to continue virtually uninterrupted and on budget. When we finally were able to plan a banquet four months later than usual, you responded. At the very time we are able to move to larger quarters for the Williamstown center—soon to be the Williamstown Medical Center—we will have the equipment to furnish it. Millennia ago, Luke recognized the truth of God's faithfulness: "Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you." (Luke 6:38)



L-R: the banquet room at Receptions in Erlanger; special guest speaker Claire Culwell inspires us with her story; Local 12's Liz Bonis, our emcee, visits with Claire and her daughter at the book table.

Special thanks to our corporate and family sponsors and table sponsors, with an extra shout-out to our table hosts, who invited colleagues, friends and family to fill their tables.

## Ultrasound Partners



**Al Kenkel Family**  
**Tom Ruberg Family**

## Education Partners



## Mentor Partners



**Cirulli Family**  
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To dedicate your gift in honor or in memory of someone special, call (859) 431-9178, note your intent on the memo line of your check or include the name of the person in the Note section of the online donation form.

## LOCATIONS

### Cold Spring Medical Center

3700 Alexandria Pike  
Cold Spring, KY 41076  
(859) 431-9178

Monday-Thursday 10 am-5 pm  
Same Day Ultrasounds

### McKinley Family Center

7129 Price Pike  
Florence, KY 41042  
(859) 282-0029

Monday 10 am-7 pm  
Tuesday-Thursday 10 am-5 pm  
Same Day Ultrasounds

### Williamstown

305 N. Main St.  
Williamstown, KY 41097  
(859) 824-0123  
Monday 3-7 pm  
Wednesday 10 am-3 pm  
Thursday 3-7 pm

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## MISSION STATEMENT

We are a Christ-centered organization existing to educate, support and empower people before, during and after an unplanned pregnancy, while uplifting the sanctity of human life.

## Do You Have a Heart for Life?

Advocating for life and mentoring moms- and dads-to-be are together the beating heart of Care Net's ministry. Each role has specific and vital responsibilities.

**Advocates** are the front line. Once an appointment is made and the client is welcomed to the center, advocates provide direct service to abortion-minded women or women who are vulnerable to abortion. The role requires three hours of initial training and an orientation lasting two to three months. Once fully trained, an advocate commits to spending four hours a week at one of our centers. **We are in urgent need of advocate volunteers.**

**Mentors** guide clients through life-affirming, structured curricula provided by Care Net. Mentors first commit to two hours of initial training followed by 90 minutes of on-site orientation. Once trained, mentors commit to meet one to two hours a week with clients who want to become great parents. Mentoring can be done on site or online.

To explore volunteer opportunities, visit [carenetky.org/volunteer](http://carenetky.org/volunteer).

*My mentor really listens to me and helps me gain knowledge and resources to help my parenting."*

— Care Net client

