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carenetnky.org

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## Making an Even Greater Impact for Life

by Executive Director Lyndi Zembrodt

As I reflect on all God has done through Care Net Pregnancy Services of Northern Kentucky, my heart is filled with gratitude for you. Your prayers and support sustain this ministry and allow us to reach thousands of women, men and families with the message of hope and life. Because of you, 2,200 babies have been saved, parents equipped and families strengthened. God is truly at work through your partnership.

The need for life-affirming services in our community continues to grow. Each week, women find us online and walk through our doors, sometimes afraid and uncertain. We meet them with compassion, offering free pregnancy testing, ultrasounds, parenting classes, life skills and material support while sharing the love of Christ. To meet growing demand, we increased staffing again this year so every client receives the care and attention he or she deserves.

Through August, we have seen remarkable growth in client care this year:

- Client visits for all services are up 9%.
- We have performed 240 ultrasounds, revealing 186 viable pregnancies.
- Of the viable pregnancies, 97% chose life.
- Total babies saved from abortion through Care Net's ultrasound program: 2,200!

This life-saving work is possible only because of your generous support. As we look ahead to 2026, I invite you to prayerfully consider deepening your commitment through one of these life-giving opportunities:

- Monthly giving: steady support that sustains our services year-round.
- Champions for Life Society: multi-year commitments with transformational impact.
- Corporate sponsorships: local businesses partnering to build strong families.
- NKY Legends for Life: planned giving to leave a legacy of life.
- Holiday Appeal: every dollar you give by December 15 doubles your impact because a generous donor will match your gift dollar-for-dollar, to \$15,000. Last year's match made 2024 our greatest Holiday Appeal yet. Let's surpass it this year!



*Care Net's dedicated staff is a close-knit family of prayer warriors. Infrequently all in one place, we were together this day for an in-person monthly staff meeting.*

Your prayers and support have already made an eternal difference. Please consider how God may be calling you to stand even stronger for life. Please reach out to Joy or Lyndi at (859) 431-9178.

Together, we can ensure even more lives are saved, more hearts are reached and more families are transformed in Northern Kentucky.

The moms of **2,200 babies (and counting)** have chosen life since Care Net began offering ultrasounds in 2006.



## Learning Limits with Love

Slammed doors. Angry words. Defiant kids. Frustrated parents. It's a scene families often know too well.

For 34-year-old Ryan (not his real name), what he calls "a toxic divorce" made parenting all the more difficult.

"After the divorce, there was constant chaos, going back and forth," Ryan said.

Things boiled over one day when Ryan's kids were at his house. His 10-year-old son was in his bedroom playing video games on his phone.

"My son was cussing at the game," Ryan said. "I told him to stop and he wouldn't, so I yelled for him to bring the phone to me. He threw the doors open, threw the phone at me. It hit me in the face. Then we were just screaming at each other."

Ryan's ex-wife heard about the incident and Child Protective Services (CPS) became involved.

CPS ordered Ryan to take anger management and parenting classes. For the latter, he came to Care Net and enrolled in 1-2-3 Magic. The program's 14 lessons teach "limits with love" and how to create an environment where discipline is quick and easy so parents

can enjoy their children. Ryan's mentor was 10-year veteran Carson Latham.

Having CPS involved was difficult, but Ryan says he's really grateful now.

"In the classes I learned different techniques, like how to cool down a heated situation and to notice when the kids are manipulating or trying to play one [parent] against the other. Things are easier now between my ex and me.

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"I'm extra grateful for Carson," Ryan continued. "He started each class with prayer. He shared his own personal experiences. I could talk to him about anything. And he was an open book; he was willing to learn himself, and we bounced ideas off each other."

Ryan's willingness to learn and success in the program closed the case. CPS is no longer involved, and Ryan's son now lives with him full time.

Helping parents build healthy families is part of Care Net's mission and joy. Our services don't end with birth and,



stock photo: pexels/cottonbro studio

as in this case, don't even have to begin with birth. We're here to serve families at any point in their journey.

Clients usually start with classes to prepare for birth and newborn care, but increasingly they are seeking programs for personal growth. "The bonds clients form with their mentors in their first programs foster desire for growth in other areas of their lives," said Care Net Programs Coordinator Katrina Harris-Greene. "Clients seek spiritual growth through conversations and prayers with their mentors."

*Care Net is a state-approved "partner in prevention" organization; that is, our programs satisfy criteria set by Preventing Child Abuse in Kentucky. State agencies refer parents who need guidance or hope to regain custody of their children to approved organizations. We also network with local entities for referrals.*

## 2025 Golf "Fore" Fathers

Lots of sunshine and lots of fun—that sums up this year's Golf "Fore" Fathers event at Aston Oaks Golf Club. On August 8, 132 golfers vied for Best Men's, Best Coed, Best Seniors and Most Honest foursome honors, but the real winners are young dads who enroll in Care Net's Fatherhood and other parenting classes. All proceeds from the event fund those classes, which give dads confidence and wisdom to lead their families in a culture that too often dismisses the value of fathers.

**We give thanks for our sponsors!**



L-R: raffle action before the start; on the green above the Ohio River

## Dedications

### IN MEMORY

Mildred Bertke, by Fred & Mary Espenscheid  
Katy Renee Davis, by Dan Davis  
Don Gerding, by Judith Gerding  
Jenna, Jacob & Jordan Goins  
by Don & Kristi Goins  
Barbara Haas, by Joseph Haas  
Francine Hall, by Edward Hall  
Betty Jane Landwehr, by Lois Seissiger  
Eva Mulberry, by Rhonda Wright  
John P. O'Brien Sr., by John P. O'Brien Jr.  
Mary Carol Quinn  
by Jerry & Sandy Cook  
by Dennis & Maureen Copping  
by April Humphreys  
by Jim & Jackie Klosterman  
by Robert & Charlotte Wohlwender  
Irene Ruberg, by Mary E. Ruberg  
Marian Walkenhorst  
by David & Sandra Walkenhorst  
Barry J. Williams, by Carol Williams

### IN HONOR

Every life saved, by Mark & Dawn Bowmer  
Natalie, by Mark & Dawn Bowmer  
Mike & Linnea Caldon, by John P. O'Brien Jr.  
Charlie Jacobson, by Barbara Jacobson  
Janice Neltner, by Marc & Susan Neltner  
Elise O'Brien, by John P. O'Brien Jr.  
Cynthia Olive, by Karyn Garzer  
Larry White, by Diana White

*To dedicate a gift in someone's memory or honor, write a note on your check or follow prompts on the online giving form.*



Care Net is thankful for Care Closet, a community partner that provides diapers to 60 Care Net clients who've enrolled to receive them for infants and toddlers to age three—more than 2,000 diapers a month! In addition, Care Net provides diapers from our own supply as incentives for completing classes and in emergency situations. Between our supply and Care Closet's donations, we give away about 40,000 diapers a year!

## Celebrating Volunteers

We were blessed to honor our volunteers at the annual Volunteer Appreciation Celebration September 11. Care Net could not function without faithful volunteers. They mentor clients, maintain buildings, do office work, call and write to thank our donors, work at events and much more. Thanks to St. Pius X Church for donating space for the event.



**ABOUT 2025 TAX REPORTS:** to minimize costs, we will mail 2025 tax reports only for donations totaling \$250 or more, as the IRS requires; we will be happy to mail reports for less on request. If we have your email address, you will receive a tax report regardless of the total. To supply your email address, call (859) 431-9178.



## Thank You, Mother's Day-Father's Day Baby Bottle Campaign Partners!

These churches, schools and other groups joined our 2025 Mother's Day-Father's Day Baby Bottle Campaign, the largest of our three annual campaigns. Baby bottle campaigns are a great way to engage your congregation, school or club in pro-life ministry. Any community group can participate—or challenge your extended family! We provide all materials. Visit [carenety.org/baby-bottle-campaign](http://carenety.org/baby-bottle-campaign).

- ♥ All Saints Parish
- ♥ Beaver Lick Baptist Church
- ♥ Bethel Baptist Church
- ♥ Blessed Sacrament Parish
- ♥ The Bridge Community Church
- ♥ Bullittsburg Baptist Church
- ♥ Christ Baptist Church
- ♥ Christ Church Anglican Mission
- ♥ Church of the Redeemed
- ♥ Corinth Christian Church
- ♥ Crittenden Baptist Church
- ♥ DeMossville Baptist Church
- ♥ Dry Ridge Baptist Church
- ♥ First Baptist Church of Walton
- ♥ Florence Baptist Church
- ♥ GracePointe Community Nazarene Church
- ♥ Grants Lick Baptist Church
- ♥ Grassy Run Baptist Church
- ♥ Hebron Church of Christ
- ♥ Hebron Lutheran Church
- ♥ Hopeful Lutheran Church
- ♥ Ignite Institute For Early Learning
- ♥ Independence New Life Nazarene Church
- ♥ Kento-Boo Baptist Church
- ♥ Knoxville Baptist Church
- ♥ Licking Valley Baptist Church
- ♥ Marcus Crooked Creek Baptist Church
- ♥ Mary Queen of Heaven Parish
- ♥ Mercy Ridge Community Church
- ♥ New Columbus Baptist Church
- ♥ Notre Dame Academy
- ♥ Newport Central Catholic High School
- ♥ Oak Island Baptist Church
- ♥ Oak Ridge Baptist Church
- ♥ One Hope Church
- ♥ St. Augustine Parish Augusta
- ♥ St. Barbara Parish
- ♥ St. Catherine of Siena Parish
- ♥ St. James Minerva Parish
- ♥ St. John the Baptist Parish
- ♥ St. Joseph Parish Cold Spring
- ♥ St. Mary of the Assumption
- ♥ St. Mary Senior Citizens Club
- ♥ St. Matthew Parish
- ♥ St. Patrick Parish Maysville
- ♥ St. Patrick Parish Taylor Mill
- ♥ St. Paul Parish
- ♥ St. Timothy Parish
- ♥ Turner Ridge Baptist Church
- ♥ Vineyard Christian Church Florence
- ♥ Violet Ridge Church of Christ
- ♥ Walton Christian Church
- ♥ Williamstown Baptist Church
- ♥ Williamstown Church of God
- ♥ Wilmington Baptist Church

**Cold Spring  
Medical Center**  
3700 Alexandria Pike  
Cold Spring, KY 41076  
(859) 781-0043  
Monday-Thursday 10a-5p  
Same Day Ultrasounds

**McKinley Family  
Center**  
7129 Price Pike  
Florence, KY 41042  
(859) 282-0029  
Monday-Thursday 10a-5p  
Same Day Ultrasounds

**Williamstown  
Medical Center**  
103 Barnes Rd. Ste. E  
Williamstown, KY 41097  
(859) 824-0123  
Monday & Thursday 3-7p  
Wednesday 10a-5p  
Scheduled Ultrasounds



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### MISSION STATEMENT

Care Net is a Christ-centered organization existing to educate, support and empower women and men before, during and after pregnancy, while uplifting the sanctity of human life.

## Introducing ...



Members of Northern Kentucky Legends for Life extend their commitment to Care Net's mission to save babies, mentor their parents and build healthy families by naming Care Net Pregnancy Services of Northern Kentucky a beneficiary in their estate planning.

Membership involves no dues, obligations or solicitations. You'll simply complete a form letting us know of your intentions. Visit [carenetnky.org/planned-giving](http://carenetnky.org/planned-giving).

As a member, you'll receive exclusive invitations to special events and seminars and a subscription to our Northern Kentucky Legends for Life e-newsletter.

Membership allows us to thank you and, if you wish, recognize your generosity publicly to inspire generosity in others.

Most important, you'll know your commitment to the sanctity of life will continue for generations to come.

## Tax Break by the Acronyms

**What's RMD?** RMD is Required Minimum Distribution. Owners of traditional IRAs, 401(k)s and similar plans must withdraw a specified amount annually beginning at age 73. RMDs are taxable.

**What's QCD?** QCD is Qualified Charitable Distribution. Generally, QCDs allow those age 70½ or older to make a tax-free donation from an IRA to a qualified charity.

**How are QCDs and RMDs related?** A QCD counts toward satisfying your RMD for the year but is not included in taxable income. If you're subject to RMDs, you can use a QCD to partially or fully satisfy your RMD for the year.

**IRS rule:** to count toward an RMD, a QCD must be made first. You can't apply a QCD to an RMD retroactively.

Talk to your financial advisor about taking some of the sting out of taxes by supporting Care Net.

## Become a Care Net Sponsor

Through our sponsorship program, Care Net promotes local businesses that support life and healthy families. In 2026, sponsorships are available for the Annual Banquet on May 7 and Golf "Fore" Fathers on August 14. Visit [carenetnky.org/sponsorship](http://carenetnky.org/sponsorship) for details.



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Clockwise from top left: raffle action; heading to the carts; on the green above the Ohio River; top men's team